



THE EAGLE FLYER

Home of the Eagles!

May 2023

Wellington Middle –High
School
2856 Cleveland Ave
Wellington, CO 80549

Phone

970-472-2700

Fax

970-472-2702

Attendance

970-472-2701

Principal

Kelby Benedict



wel.psdschools.org



Important Contact Information

Principal: Kelby Benedict, kbenedic@psdschools.org

Assistant Principal/Athletic Director: Hilarie Bartling, hbartlin@psdschools.org

Assistant Principal/Assessment Coordinator: Steven Watkins,

swatkins@psdschools.org

Dean of Students/Activities Director: Marc Buffington, marcb@psdschools.org

Dean of Students: Amy Carrier, acurrier@psdschools.org



Rocky Mountain Neurobehavioral Health

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- Mediation
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- Speech/language



<https://www.rockymountainnbh.com/>
admin@rockymountainnbh.com
970-568-8600

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MEDICAL = PEDIATRICS = DENTAL = BEHAVIORAL saludclinic.org

Note from the Principal's Office...

Wellington Eagle Families,

As we near the end of our first school year in a new building it is appropriate to celebrate and recognize some of the accomplishments, we have made both collectively and individually just in the last month. 32 students represented their school with great success in Radium Girls, our first ever play. 42% of students' grades are an A and less than 10% are failing. We will have 17 students taking Advanced Placement tests this month. Our students should be incredibly proud of their progress and persistence this year. Our amazing staff have also worked hard to make this happen, and, without the support of our parents, none of this would have been possible. Thank you for your efforts at home. It truly is a collaborative effort.

This is also a time of new beginnings for some. Peggy Hunter, our registrar, and Bill Peisner, one of our counselors, will be retiring this year after years of service to the community and positively impacting the lives of countless students and families. Combined, they have served Wellington for 47 years! They have both seen our community change and grow over the years and have continued to carry on the rich traditions that make our schools so amazing.

We encourage students to finish strong. Go Eagles!

WMHS Administration



Hello! I'm your kids' substitute teacher, your fellow Wellingtonite, AND a Real Estate Agent... I would love to help you (and ANYone you know) in ALL your Real Estate needs!

Valarie Holman

Licensed Real Estate Broker
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Email: valarie@titanteam.com

Website: www.titanteamcolorado.com

TITAN
TEAM real



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SUMMER.**

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Counseling Corner...

Peer Leadership

This year we trained seven 9th and 10th grade students to be peer leaders in sexual assault and harassment prevention both at Wellington Middle-High School and in the broader community as part of Poudre School District's Sexual Assault Peer Resource Team program (SART). Students spent the day with staff members from the Sexual Assault Victim Advocacy Center and heard from other experts on how to support survivors. This spring, our peer leaders presented to all 8th grade students in their advisory classes on what sexual assault and sexual harassment are, how to protect themselves, how to speak up against it, and what to do if they have been impacted by this issue. We are so proud of our student leaders for taking ownership of this important issue and stepping up to present to their peers.

In the coming years, we are looking forward to growing our peer leadership programming by starting Wellington Middle-High School's inaugural Ambassadors program. Ambassadors is a servant leadership class for high school students that focuses on school and community outreach, building leadership capacity, and learning basic peer mentorship skills to serve as resource for other students. Through Ambassadors, Student Council, and other peer leadership opportunities, our Wellington Eagles will have the tools they need to be leaders in our school community and beyond.

Alliance for Suicide Prevention

For the third year in a row WMHS has partnered with the Alliance for Suicide Prevention to present the REPLY program to our students. This year we presented to all 7th grade students through their advisory classroom. REPLY provides basic suicide prevention information, outreach, and education to middle and

high school aged youth. The goals of REPLY are to: provide resources, help, and hope to encourage help seeking behaviors in youth.

Cognitive Behavioral Intervention for Trauma Schools (CBITS)

CBITS is a researched based intervention for students who may have had exposure to significant trauma in their past. The CBITS intervention is delivered to students in a group format. WMHS has partnered with Colorado State University specifically their Counseling Psychology Program to provide therapist who facilitate group. This pilot program will wrap-up later this month and we are already seeing positive outcomes.

Counseling Corner, continued...

ICAP Team

This year our ICAP (Individualized Career and Academic Plan) team worked to provide career planning lessons to every single grade at WMHS! Through grade-level lessons delivered in the Nest this year, students were able to explore assessments and surveys to learn about potential career opportunities, apprenticeships, colleges, and more. Our students in middle school were able to make progress in their Xello core lessons and learn about interests, personality styles, learning styles, and career matches as they build as they build on their skillset in finding the right career path (or paths) for them.

Our high school students worked with the ICAP team to build their resumes, plan for their futures, and build on their ICAP portfolios for graduation. Additionally, all our high school students participated in our inaugural Hiring Fair, where they were able to get interviews, pass along resumes, and seek job opportunities from 18 different employers in the Wellington and Fort Collins area. Some of our students were able to secure summer employment and many more are awaiting a chance to showcase their skills and employability as they share their resumes with employers in the area.

We are so proud of our students for their commitment to their futures. We hope to continue to foster a growth-mindset where our students identify their career and future goals and make steps towards achieving those goals through engaging with their studies and the Xello lessons. Our students are working hard to build a future for themselves that is filled with opportunities and options. Moving forward our Counseling Department and ICAP Team will continue to provide support so all our students can graduate with career options.

Thanks to our students for all the hard work they put in this year around ICAP and Xello, we appreciate you all.

Counseling Secretary - Britni Hobbs, (970) 472-2725, bhobbs@psdschools.org

Last names A-E - Bill Peisner, (970) 472- 2710, wpeisner@psdschools.org

Last names F-Lam - Mac Woods, (970) 472-2713, mawoods@psdschools.org

Last names Lan-Rie - Katie Delahunt, (970) 472-2711, kdelahunt@psdschools.org

Last names Rif-Z - Emma Coffin, (970) 472-2712, ecoffin@psdschools.org

Counseling Intern - Sabrina Eggerson

Peggy Hunter – Registrar (970) 472-2707, phunter@psdschools.org



Updates from the Health Office:

End of the Year Medication Pickup

Medications cannot be sent home with students at the end of the school year.

- Parents must pick up all medications on or before the last day of school. Medications must be picked up by the end of the school day. REMINDER: the last day of school is a half day. Please pick up medications by 2pm on 5/26/23.
- If medications need to be picked up before the last day of school, make arrangements with the school nurse or health tech.
- Emergency or as-needed medications (Epi-pens, Tylenol, Inhalers, etc.) must also be picked up.
- The school nurse will follow state health department procedures and deliver all medications not picked up to the DEA to dispose of properly.
- If medications will be brought back to the school in the fall, be sure to receive paperwork from the health office/PSD website. Paperwork must be dated after 6/30/23 for the 23-24 school year.

If you have any questions, please contact the health office.

Immunization exemptions for the 23-24 school year: Complete the exemption module AFTER 6/30/23 to be valid for the 23-24 school year.

Link: <https://www.dcprrapps.dphe.state.co.us/storyline360/story.html>

OR

Link to form (MUST BE SIGNED BY PROVIDER) <https://drive.google.com/file/d/1UdHc39zCBmuyeBBjxShHa15mG-Ea9yFG/view>

Please see full letter here: Link: <https://drive.google.com/file/d/1wLttgePqtcbnMzVxHlKkRXcOhFvCm4x/view>

Thank you!



Sarah Hansen BSN, RN
School Nurse Consultant | Poudre School District
Schools: Wellington Middle-High / Putnam Elementary
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email: shansen@psdschools.org

Yearbook

High-School Students and Families,

The yearbook is still available to buy! You can buy it at jostens.com (jostensyearbook.com), or on May 18th in the Main Gym during Advisory. The yearbook currently costs \$85 and will be available to buy until we sell out! If you have already ordered one online, you can pick up your yearbook on May 18th in the gym during Advisory.



Supporting our Schools



Joe Mivshek

Joe.Mivshek@KW.com

kw NORTHERN COLORADO
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970.420.7163



Worried something is wrong?

They're behavior is very odd

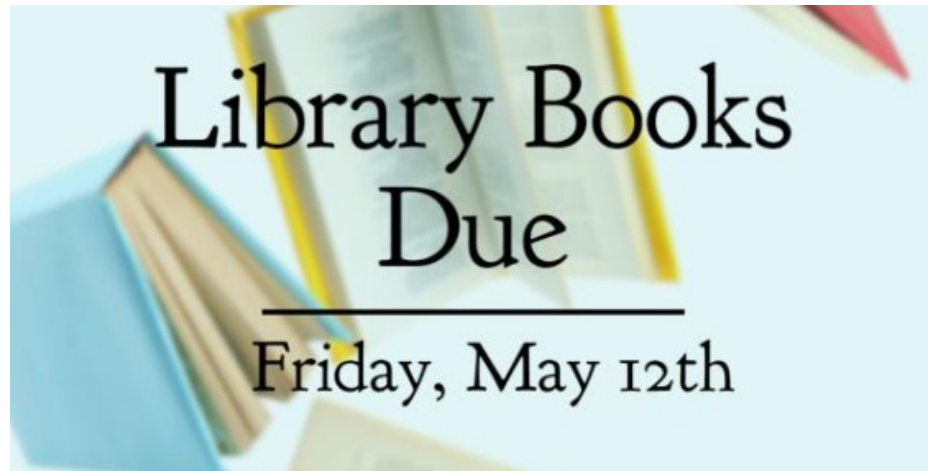
THEY SEEM UNUSUALLY AGITATED



These may be symptoms of psychosis and it's more common than you think. We provide support to youth (15-29) experiencing FEP (first episode psychosis).

Find out more:
SummitStoneHealth.org/ascent





Library Books Due

Friday, May 12th

WMHS is truly a culture of avid readers. This school year, we checked out 8,193 books—great job, students! As we near the end of the school year, all books currently checked out need to be returned. Please turn in your WMHS Library books by Friday, May 12th. If you have a lost or damaged book or any questions, see Mrs. Colburn or Ms. King right away.




We understand the stress of caring for a sick child.

Our providers are here to help get your family on the fast track to healthy.






The Women's Clinic
of Northern Colorado

Schedule Your Appointment Today!

 This advertisement features two small inset photos at the top: one of a woman sitting on a couch reading a tablet, and another of a pregnant woman sitting on a bed. The main text is in a teal and black font. At the bottom, there is a dark brown button with white text that says "Schedule Your Appointment Today!".

CLICK IT
Click on the
Ads in this
Newsletter

...to learn more about
these great companies!

 A red button with white text and a white mouse cursor icon pointing to the right. The text says "CLICK IT" in large bold letters, followed by "Click on the Ads in this Newsletter" in smaller text. Below that, it says "...to learn more about these great companies!".

Mention this ad and
enjoy 50% off your oil change

Find yours at
Fort Collins
Dodge Chrysler Jeep Ram

224 W Harmony Rd | 970.632.9770 | fortcollinsJEEP.com

 This advertisement features a silver Ram pickup truck parked on a grassy area. Above the truck, the text says "Mention this ad and enjoy 50% off your oil change". Below the truck, it says "Find yours at Fort Collins Dodge Chrysler Jeep Ram". At the very bottom, the address and phone number are listed: "224 W Harmony Rd | 970.632.9770 | fortcollinsJEEP.com".

There is a
TEEN CENTER
 coming to Fort Collins and
 it needs **YOUR**
 input!



More information can be found by scanning the code!

Everyone ages 15-18 is encouraged to fill out this form. We want feedback from a **diverse representation** of the teens in Fort Collins so that the Teen Center better serves everyone in our community.

THIS IS YOUR OPPORTUNITY TO HAVE A DIRECT IMPACT ON WHAT THIS CENTER BECOMES-- HELP US DECIDE ON:

- The name and logo
- Video games, books, and other activities the center will have
- Furniture, decor, and vibe
- What resources and opportunities will be offered at the Teen Center



Opportunities

to start nursing or culinary pathways

- Food and Nutrition**
(Age 16)
- Personal Care Provider**
(Age 17 - will train)
- CNA**
(Age 17 - will train)




www.columbinehealth.com

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Click on the Ads in this Newsletter

...to learn more about these great companies!

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MHM



8th Annual K12 Event

MENTAL HEALTH MATTERS

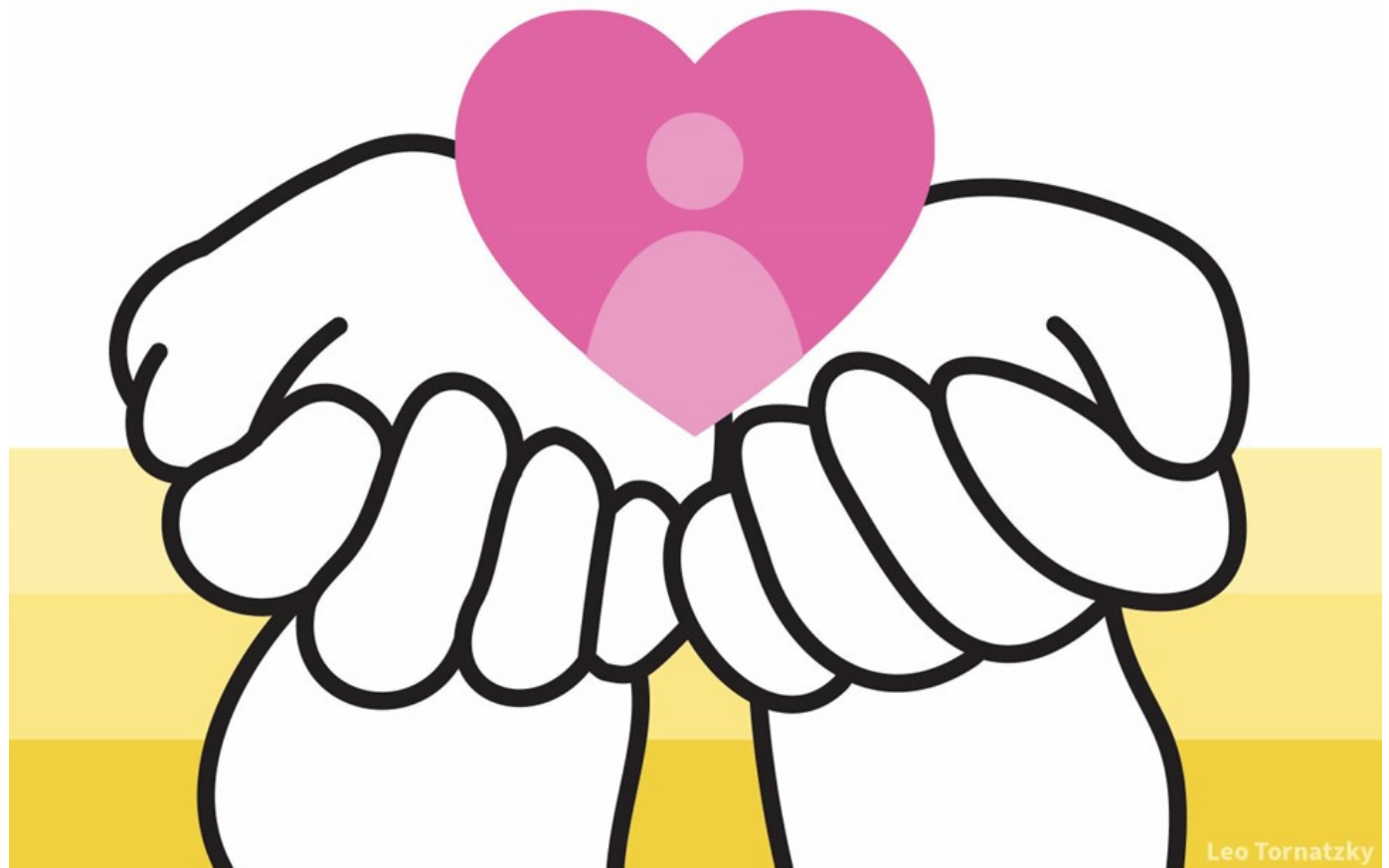
**Keynote: Effects Covid Had on Students and Families
& Sessions on Other Mental Health Topics**

April 17, 2023

5:30 - 8:00

Rocky Mountain High School

Food Trucks on Site



Leo Tornatzky

THE LUNCH LAB

JOIN US FOR FREE LUNCH & ACTIVITIES!

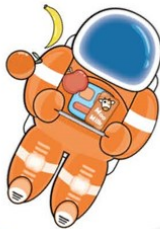
This summer our Lunch Lab mobile meal program will be making stops in Loveland, Fort Collins, and Laporte.



SUMMER SCHEDULE COMING SOON!

CHECK OUR SCHEDULE IN APRIL:

- Visit thelunchlab.org
- Scan the QR Code



WHAT YOU NEED TO KNOW

- Join us May 30 through August 11!
- Children 18 & under receive a free lunch.
- No ID or registration is required.
- All sites closed July 4.

This institution is an equal opportunity provider.



Kids Eat Free



Reach Parents in Larimer County through our mobile-ready newsletters

Market your business in both Poudre and Thompson school districts.

You gain visibility and targeted, increased awareness; schools gain funds from advertising revenue.



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Joe Mivshek 970-420-7163 | SchoolNewsletterCompany@gmail.com



THE LUNCH LAB

ÚNETE PARA UN ALMUERZO Y ACTIVIDADES GRATIS!

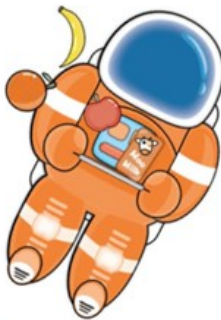
Este verano nuestro programa de almuerzos móvil "The Lunch Lab" estará haciendo paradas en Loveland, Fort Collins y Laporte.



HORARIO DE VERANO DISPONIBLE PRÓXIMAMENTE!

CONSULTA NUESTRO
HORARIO EN ABRIL:

- Visita thelunchlab.org
- Escanea el código QR



LO QUE NECESITAS SABER

- ¡Únase a nosotros desde el 30 de mayo al 11 de agosto!
- Menores de 18 años reciben un almuerzo gratis.
- No se necesita identificación o registrarse.
- Todos los sitios estarán cerrados el 4 de julio.

Esta institución es un proveedor de igualdad de oportunidades.



Niños comen gratis





Poudre School District Presents **STEM-X 2023 Summer Camp**

Poudre High School June 5 - 9
Preston Middle School June 12 - 16

Early Elementary | 1st-3rd grade
Elementary | 4th-6th grade
Middle School | 7th-9th grade

STEM-X is a fun, hands-on summer program for students entering Grades 1-9. STEM and STEM adjacent classes are taught by licensed teachers who have passion for and expertise in their fields. STEM-X is offered as two, one-week sessions.



For more information:
<https://www.psdfutureready.org/stem-x>

Open to ALL students from any public, private, or international school. Fee waivers available to those who qualify.



Spark Passion

Build Confidence

Inspire Action

BACK TO SCHOOL
SAFETY TIPS

**SEE OR HEAR
SOMETHING
CONCERNING:
REPORT IT**

TELL A TRUSTED ADULT OR
ANONYMOUSLY REPORT
SAFETY CONCERNS TO
SAFE2TELL





IT in Business Summer Program

NO CHARGE

Lunch included !!



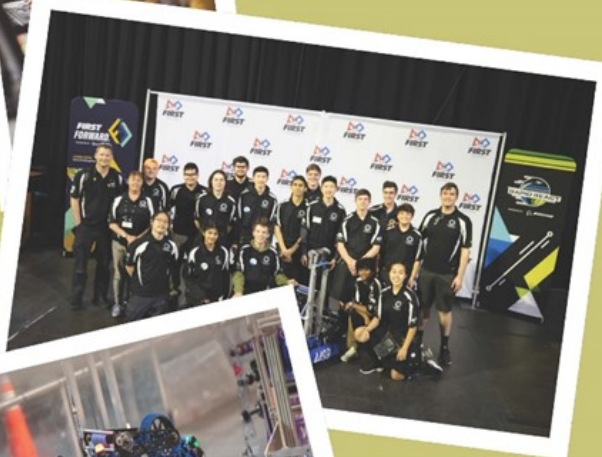
June 19 - June 23
Monday-Friday

9:00 AM – 3:00 PM

The program is taught by Computer Information Systems faculty for high school students interested in learning technology's impact on business.

ACTIVITIES

- Work with robots
- Build an app
- Play cybersecurity games and learn how to be safe online
- Create data visualizations
- Field trip to a local tech company
- Tour of campus technologies
- Experience Virtual Reality, AI



Colorado State University
College of Business

501 W Laurel St, Fort Collins, CO 80523

