



THE EAGLE FLYER

Home of the Eagles!

April 2023

Wellington Middle –High School

2856 Cleveland Ave
Wellington, CO 80549

Phone

970-472-2700

Fax

970-472-2702

Attendance

970-472-2701

Principal

Kelby Benedict



wel.psdschools.org



Important Contact Information

Principal: Kelby Benedict, kbenedic@psdschools.org

Assistant Principal/Athletic Director: Hilarie Bartling, hbartlin@psdschools.org

Assistant Principal/Assessment Coordinator: Steven Watkins,

swatkins@psdschools.org

Dean of Students/Activities Director: Marc Buffington, marcb@psdschools.org

Dean of Students: Amy Carrier, acurrier@psdschools.org



Hello! I'm your kids' substitute teacher, your fellow Wellingtonite, AND a Real Estate Agent... I would love to help you (and ANYone you know) in ALL your Real Estate needs!

Valarie Holman

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Email: valarie@titanreteam.com

Website: www.titanteamcolorado.com



Note from the Principal's Office...

Dear Parents/Guardians,

We will soon begin the Colorado Measures of Academic Success (CMAS) state standardized assessments. All students in Poudre School District and the state of Colorado take the CMAS assessments. Please continue reading for more information about how our school community uses CMAS results to help ensure high levels of learning for all students and how preparation for and completion of CMAS assessments benefits students. *We are proud to have the opportunity to show what we know and let our students' hard work shine this year!*

All CMAS assessments are computer-based, therefore it is critical that students bring their PSD assigned laptop and charger to school each testing day. Please help your child to remember to charge his/her computer each night and to bring the charging cord to school along with the laptop on CMAS days.

At WMHS, the CMAS assessments will take place on the following days/times:

DATE	TEST
Tuesday, 4/4	Morning: ELA #1 (110 min)
	Afternoon: Math #1 (65 min)
Wednesday, 4/5	Morning: ELA #2 (110 min)
	Afternoon: Math #2 (65 min)
Thursday, 4/6	Morning: ELA #3 (110 min)
	Afternoon: Math #3 (65 min)
	8th Grade ONLY: Science
Monday, 4/11	8th Science #1 (80 min)
Tuesday, 4/12	8th Science #2 (80 min)
Wednesday, 4/13	8th Science #3 (80 min)

For a more detailed schedule please see this [link](#).

Additional CMAS Notes:

The CMAS assessment is designed to measure student mastery of Colorado's academic content standards. Colorado's academic content standards indicate skills and knowledge necessary to prepare students for success from early school readiness to postsecondary competencies, including both workforce readiness and 21st-century skills. *These tests provide valuable information for our school and teachers, who use the data as part of our body of evidence to understand where students are in their learning and tailor instruction accordingly.* The district also uses these results to measure overall student academic progress and identify opportunities for improvement. Furthermore, state assessments are another great opportunity for students to practice taking high-stakes tests.

These assessments provide us with excellent information about your child's individual growth in each content area. Ultimately, CMAS is another very important way we, Wellington staff, get better. The data is invaluable. Our school is an amazing place, and we want to continue to see it grow and improve.

Note from the Principal's Office, continued...

- It is critical that students bring fully charged laptops and charging cords to school on CMAS days.
- On CMAS assessment days, students will still go to their regular classes, but on an alternate schedule.
- Students may bring reading material (sorry, no e-books) as they will be allowed to read or rest quietly after completing each assessment.
- For a successful CMAS experience, please encourage your child to get plenty of rest the night before, eat a healthy breakfast to fuel his/her brain, and bring a positive attitude to show what he/she knows.

The last few years CMAS participation grades 6-8 have decreased dramatically at Wellington. Having low participation impacts our ability to have clear and full picture of how our students are doing when using the data for teacher and student feedback or reporting accurately how well our students are doing to the state. Still, some parents may choose to excuse their student from the test. To excuse your student from state assessments, you may complete a Parent Excusal form digitally by logging into [ParentVUE](#) and accessing Services Tracker. Instructions and screenshots on how to do this can be found [here](#). Please note that you will need to fill out a form for each subject area. You may also print a PDF version of the "[2023 Opt Out of State Testing Form](#)" and return it to the Wellington Middle High School main office. Again, before opting your student out, please keep in mind how valuable this data is to your student, teachers, and our school as a whole.

If you decide to opt out, please keep your student home during our scheduled grade level testing times. Absences will be excused. At school, these students may only sit quietly or read a book.

For more information about state assessments, visit the Colorado Department of Education [website here](#) or visit the [PSD District and State Assessments web page](#).

If you have questions about the CMAS assessments, please contact Steven Watkins, School Assessment Coordinator, at swatkins@psdschools.org or (970) 472-2704. Thank you for your support!

Sincerely,

WMHS Administration



CONAHAN'S DRIVING SCHOOL

ConahansDrivingSchool.org



Classes available for those 14.5 years of age.
Register at 223-8900. Cost: \$495, due first day of class.

Register for upcoming classes!

Fort Collins

Homewood Suites, 1521 Oakridge Drive, Fort Collins
Holiday Inn Express, 1426 Oakridge Drive, Fort Collins

May / June Sessions

- Tuesday - Saturday, May 30 - Jun 3, 2023, 9:00am-3:30pm, Homewood Suites
- Monday - Friday, Jun 5 - Jun 9, 2023, 9:00am-3:30pm, Holiday Inn Express
- Monday - Friday, Jun 12 - Jun 16, 2023, 9:00am-3:30pm, Homewood Suites
- Monday - Friday, Jun 19 - Jun 23, 2023, 9:00am-3:30pm, Homewood Suites
- Monday - Friday, Jun 26 - Jun 30, 2023, 9:00am-3:30pm, Holiday Inn Express

Ask about our [certified home study program](#) on a flashdrive! Qualifies you for your permit and for insurance reductions. Complete at home at your own pace!

PSAT

Families of 9th graders,

PSAT for 9th and 10th grades will be on **Friday, April 14th from 9-1:00**. Middle School (6-8) will run their regular schedule.

See the testing schedule below:

PSAT Dates: 4/14/23			
Agenda	Begin Time	End Time	Min
PSAT 9&10	9:00:00 AM	1:00:00 PM	180
Lunch	1:00:00 PM	1:30:00 PM	30
Asynchronous (HS ONLY)	1:30:00 AM	4:00:00 PM	150

On testing day:

- We are asking students to go straight to their testing rooms when they arrive on testing days.
- Testing will start promptly at 9:00 am for all grade levels and tests.
- Students will be receiving their testing room locations in the following days.

Freshmen are taking the PSAT 8/9. Sophomores are taking the PSAT 10.

Students **MUST** bring:

Their own calculator will **not** be provided by the school. Allowed calculators listed [here](#).

Some of the tests are very long, so we encourage students to bring drinks and snacks.

Any other electronic devices will not be allowed to be powered on during the tests. Proctors will be asking students to place cell phones, smart watches, Bluetooth earbuds and other devices in their backpacks at the front of the classroom, and to power them off. Any noise from these devices could result in dismissal from the test and cancellation of scores.

After Testing:

- Lunch will be provided after testing is complete.
- The rest of the afternoon will be asynchronous for high school.
 - Students are allowed to go home to do their asynchronous learning.
 - Students who are relying on bus transportation will be allowed to do their work in an assigned location within the school.

Any questions about testing week can be sent to Assistant Principal Steven Watkins at:

swatkins@psdschools.org

Counseling Corner

Now is a great time to start thinking about summer opportunities for your student. Involvement in summer camps, sports, and other activities helps students remain engaged and develop positive peer relationships. Below are some resources to help you and your student identify programs and activities that might be of interest:



[Poudre School District Summer School](#) - Registration for Session 1 (April 3 - May 25) is open through Thursday May 11. Registration for Session 2 (June 1 - June 29) opens on May 12. All PSD summer school courses are offered online for students entering grades 8-12, and parents/guardians can register their student in ParentVUE. Contact your student's counselor to ensure that you are registering for the correct courses.

[Boys & Girls Club Summer Programs](#) - Free of charge summer program based at Sage Homes Club in Wellington. Program runs June 5-August 4. Serves students in grades 5 and up. High school credit may be available for participating high school students.

[Stem-X](#) - STEM-X is a fun, engaging, hands-on summer program offered by Poudre School District for students in Northern Colorado who are entering Grades 1-9. STEM-X offers morning and afternoon classes in STEM and STEM adjacent subject areas for two, one-week sessions each June. STEM-X classes are taught by licensed teachers who have passion and expertise in their fields.

Counseling Secretary - Britni Hobbs, (970) 472-2725, bhobbs@psdschools.org

Last names A-E - Bill Peisner, (970) 472- 2710, wpeisner@psdschools.org

Last names F-Lam - Mac Woods, (970) 472-2713, mawoods@psdschools.org

Last names Lan-Rie - Katie Delahunt, (970) 472-2711, kdelahunt@psdschools.org

Last names Rif-Z - Emma Coffin, (970) 472-2712, ecoffin@psdschools.org

Counseling Intern - Sabrina Eggerson

Peggy Hunter – Registrar (970) 472-2707, phunter@psdschools.org





2023 Summer HIRING FAIR



Scan this code to Register!

APRIL 28, 2023
10:00-12:00

WELLINGTON MIDDLE HIGH SCHOOL

- Meet with career ready students
- Connect students with local businesses
- Share your career experience

Contact WMHS' Work-based Learning and Career Team for more details!

Melissa Newbanks
970-658-0815
Mnewbanks@psdschools.org

Marissa Herzog
970-472-2734
mherzog@psdschools.org



Supporting our Schools



Joe Mivshek
Joe.Mivshek@KW.com

kw NORTHERN
COLORADO
KELLERWILLIAMS.

970.420.7163



Worried something is wrong?

They're behavior is very odd

THEY SEEM UNUSUALLY AGITATED




These may be symptoms of psychosis and it's more common than you think. We provide support to youth (15-29) experiencing FEP (first episode psychosis).

Find out more:
SummitStoneHealth.org/ascent




Eagles Athletics

CONGRATULATIONS



ATHLETE OF THE WEEK

CASH ALTSCHWAGER

TRACK AND FIELD

100 - 12.01
200 - 24.72
LONG JUMP - 17'6"
4X400: 54

INSTAGRAM:
@WELLINGTONHS_TRACK



We understand the stress of caring for a sick child.

Our providers are here to help get your family on the fast track to healthy.





Eagles Athletics, continued...

The spring season of athletics is off and running, but so is Colorado weather. If you have questions about games or practices, you can now check our website under Athletics for updates at <https://wel.psdschools.org/weather-updates>. Want to receive texts when games are cancelled or rescheduled? Sign up under 'notify me' in the [WMHS Athletics & Activities Calendar](#).

There has been an increase in concern amongst students using supplements (pre workout, creatinine, smelling salts, etc).

Students are not allowed to have these items on them. Medication authorization forms are also not valid for supplements as they are not FDA approved. With that, parents and/or physicians cannot "allow" the student to have these supplements at school either. These supplements are also not labeled for use in children under the age of 18 so they should not have them in their possession.

Please let those students know that:

- A. Many of the claims that sports supplement companies make are not proven. The company's goal is to sell more supplements, and their claims may be misleading.
- B. Supplements are not regulated the way medicines are. So, they might contain unlisted ingredients that can cause serious health problems such as kidney failure.

<https://health.choc.org/are-sports-supplements-safe-for-children-and-teens/>

Thank you!



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Women's Clinic
of Northern Colorado

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Fort Collins
Dodge Chrysler Jeep Ram

224 W Harmony Rd | 970.632.9770 | fortcollinsJEEP.com

Friendly Reminder from the Attendance Office

Please call the attendance line to report all day absences, report specific class periods missed, or to excuse tardies.

Please Note: Checking in/ Checking out your student does not excuse an absence. All attendance must be reported to the attendance line.

Middle School Check Out Procedure:

Parent/Guardians must check student out from the front office. Please bring identification. This is for your student's safety. Please call the attendance line to excuse any absences that are a result of being checked out of school early.

High School Check Out Procedure:

Please call the attendance line to report class periods missed.

HOW TO REPORT AN ABSENCE/TARDY:

1. Call the ATTENDANCE LINE: 970-472-2701
2. Give your student's full name
3. Student's ID number (this is important)
4. Date of absence and specific class periods missed
5. Reason for the absence
6. Parent/Guardian's name & relationship to student
7. Contact number

Parents are expected to call daily when a student is absent.

Student will be marked unexcused if no reason is given.

All absences not reported within 48 business hours will remain unexcused on the student's record.

Parents and students are encouraged to use ParentVUE and StudentVUE to monitor their attendance. It is the student's responsibility to check for individual class absences. If a student believes an error has occurred, they should notify the teacher immediately.

According to the Poudre School District Policy, the following are considered EXCUSED ABSENCES:

- illness/injury
- appointments/circumstances that cannot be taken care of outside of school hours
- medical reasons/behavioral
- religious observances/court
- funeral
- district sponsored activities

For the full list of excused absences, please visit:

<https://www.psdschools.org/schools/school-registration/student-code-of-conduct>

Student Code of Conduct | Poudre School District

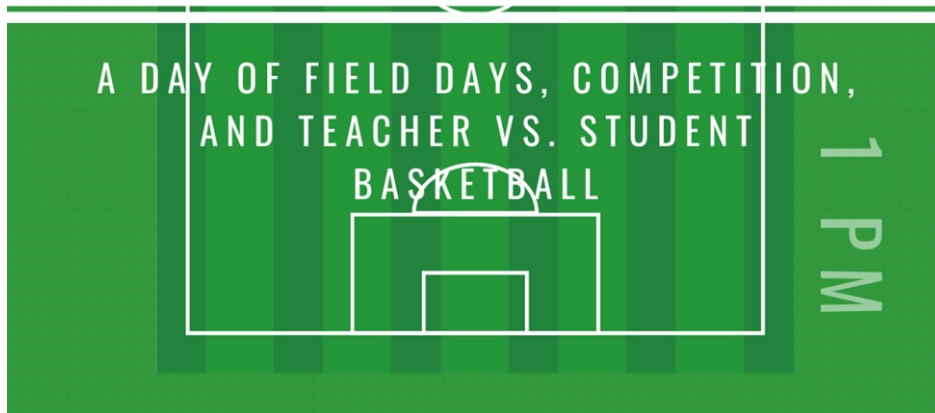
Policies, laws, and guidelines in the PSD Student Conduct Booklet 2022-23 Student Rights & Code of Conduct 2022-23 Derechos Estudiantiles & Código de Conducta

www.psdschools.org

Field Day



APRIL 28TH: HIGH SCHOOL FIELD DAY



Opportunities
to start nursing
or culinary pathways

Food and Nutrition
(Age 16)

Personal Care Provider
(Age 17 - will train)

CNA
(Age 17 - will train)




www.columbinehealth.com

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Attendance News

Dear Parents/Guardians,

As we reflect on our first semester as a middle-high school, we have noticed some policies and systems that we need to tighten up. One of those policies is our tardy policy. A student is unexcused tardy when they are not in the classroom when the class starts and do not have a tardy excused pass from an adult in the building. Since the beginning of the school year, WMHS students have accrued 21,033 unexcused tardies. If we estimate that the average minutes tardy is three minutes, students have missed a combined 350 hours of class or 14 days of school. We know that this significantly impacts academics, behaviors, and our teacher's ability to maximize learning time. Moreover, promptness is a skill that leads to professional success. As a result, we are implementing the following tardy policy. Students who accrue three or more unexcused tardies in a week will serve lunch detention. This policy will go into effect the week of February 27th. The table below explains the specifics:

Number of Unexcused	Lunch Detention Days
3	1
4	2
5	3
6	4
7	5
Above 7	In-School Suspension (ISS)
Continued excessive tardies after ISS	Consultation with administration and deans of students to create an individualized student support plan.

We understand that this policy will take time to iron out and there may be exceptions made for certain extenuating circumstances. We continue to monitor and improve as necessary.

If you have any questions, please reach out to WMHS Admin at swatkins@psdschools.org.

Thank You,

Wellington Middle-High Administration Team

PSD Volunteer Updates

Volunteers are needed across Poudre School District to support our teachers & students!

PSD sends frequent emails to currently registered volunteers, but those are getting lost in some recipients' junk mail folders. If you are registered as a volunteer with PSD, please check your junk mail & mark those sent by "Volunteer Coordinator" as safe to receive.

For those who are not yet registered to volunteer but want to help in our schools please visit the [Volunteers web page to register.](#)

Volunteers | Poudre School District

Thank you for sharing your time and talent! PSD sends frequent emails to currently registered volunteers, but those are getting lost in some recipients' junk mail folders. If you are registered as a volunteer with PSD, please check your junk mail and mark those sent by "Volunteer Coordinator" as safe to receive. Please use the links below to register and see volunteer opportunities.

Reach Parents in Larimer County through our mobile-ready newsletters

Market your business in both Poudre and Thompson school districts.

You gain visibility and targeted, increased awareness; schools gain funds from advertising revenue.

Advertise with The School Newsletter Company
Joe Mivshek 970-420-7163 | SchoolNewsletterCompany@gmail.com



STEM-X 2023 SUMMER CAMP

**REGISTRATION
OPENS THIS MONDAY
APRIL 3, 2023
AT 9:00 AM AT
WWW.PSDFUTUREREADY.ORG/STEM-X**

POUDRE HIGH SCHOOL: JUNE 5-9
PRESTON MIDDLE SCHOOL: JUNE 12-16
Students entering grades 1-9



We are here for your child's health!
¡Estamos aquí para la salud de su hijo!

Schedule your school or sport physical today!

¡Programa hoy su examen físico para la escuela o deporte!



Salud
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(303) MYSALUD

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