



THE EAGLE FLYER

Home of the Eagles!

November 2022


Wellington Middle –High
School
2856 Cleveland Ave
Wellington, CO 80549

Phone
970-472-2700

Fax
970-472-2702

Attendance
970-472-2701

Principal
Kelby Benedict

 wel.pedschools.org



Important Contact Information

Principal: Kelby Benedict, kbenedic@psdschools.org

Assistant Principal/Athletic Director: Hilarie Bartling, hbartlin@psdschools.org

Assistant Principal/Assessment Coordinator: Steven Watkins,
swatkins@psdschools.org

Dean of Students/Activities Director: Marc Buffington, marcb@psdschools.org

Dean of Students: Amy Carrier, acurrier@psdschools.org

Well Care Visits are Time Well Spent

Schedule Your Child's Next
Well Care Visit Today



Worried something is wrong?

They're behavior is very odd

THEY SEEM UNUSUALLY AGITATED

These may be symptoms of psychosis and it's more common than you think. We provide support to youth (15-29) experiencing FEP (first episode psychosis).

Find out more:
SummitStoneHealth.org/ascent




Note from the Principal's Office...

Parents and/or Guardians,

We have had a great first couple weeks of the 2nd quarter. As we have closed out 1st quarter learning in some classes and transitioned to some new quarter classes, we are also just past the midway point for the first semester. As you are looking at your students' grades, please remember that our grading system reflects what a student currently knows and that it doesn't close at the quarter. Students have the opportunity to demonstrate their learning throughout the entirety of the term as we continue to engage in new learning and re-teaching.

As we close out our fall athletic season, we have begun pre-season camps and tryouts for some of our winter sports seasons. We are so proud of all our fall athletes that took a chance and joined a team this fall. If your student(s) are interested in participating, please be sure they have an up to date physical prior to coming to practice. All potential winter athletes need to be sure they obtain an orange card from Logan Hastings (lhastings@psdschools.org) prior to tryouts and/or practice.

As far off as it sounds, it is the time of year to start thinking about next year for our Eagles. If you have an 8th grader, this also means thinking about high school for your student. We are working on finalizing our curriculum guides for both middle school and high school, planning future programming for our soon to be 11th graders, and refining opportunities that could be offered at WMHS. There will be more information during our Open House/Promo Fair on November 30th regarding our school, curriculum offerings, and specific opportunities students will have here in Wellington! This night will be designed to showcase our building, curricular and extracurricular offerings, and meet many of our staff and coaches.

Thank you for your support, feedback, and understanding as we continue to develop rhythms and routines at Wellington Middle-High School this year. We have been learning quite a bit about each other, our passions, and the content within our classrooms.

Sincerely,

Kelby Benedict





Wellington Middle High School Winter Athletics

Important Dates:

High School Winter Sports Registration is open! www.psdathletics.org

High School Winter Sports: Wrestling, Boys & Girls Basketball, Girls Swimming, Ice Hockey (district), Nordic Ski (district) and Girls Wrestling (district)

Official Practices begin November 14th.

Upcoming:

Middle School Girls Basketball (Grades 7th & 8th) camp begins January 5th with tryouts starting January 11th.

Middle School Wrestling (Grades 6th-8th) camp begins January 9th with official practices beginning January 17th.

Registration information:

1. Please visit psdathletics.org to complete the online registration.
2. Pay the athletic fee through your School Pay account or by check.
3. Have a valid physical (good for 365 days) on file with the Athletics Dept.
4. If the above are done, athletes can pick up an orange card from the Athletics Office.

Visit our website www.wel.psdschools.org/athletics to register to volunteer, purchase sideline gear, find out about boosters, view schedules and more!

Opportunities
to start nursing
or culinary pathways

Food and Nutrition
(Age 16)

Personal Care Provider
(Age 17 - will train)

CNA
(Age 17 - will train)




www.columbinehealth.com

CLICK IT

Click on the
Ads in this
Newsletter

...to learn more about
these great companies!

Mention this ad and
enjoy 50% off your oil change



Find yours at



224 W Harmony Rd | 970.632.9770 | fortcollinsJEEP.com

Open House

Ignite Curiosity | Nurture Resiliency | Inspire Learning

WELLINGTON MIDDLE-HIGH SCHOOL

Wednesday, Nov. 30 at 6PM-7:30PM



Hello! I'm your kids' substitute teacher, your fellow Wellingtonite, AND a Real Estate Agent... I would love to help you (and ANYone you know) in ALL your Real Estate needs!

Valarie Holman

Licensed Real Estate Broker
REALTOR®

Cell: 970.237.1445

Email: valarie@titanreteam.com

Website: www.titanteamcolorado.com



Counseling Corner

Greetings from your counseling department! Our club rush occurred earlier this month and registration for winter sports is beginning to get underway. Now is a great time to talk with your student about what extracurricular activities might interest them. Involvement in clubs and/or athletics increases students' sense of belonging and provides a positive outlet for students to engage with peers.

In November, we will be starting to roll out some of our college and career programming, beginning with our 9th and 10th grade students. Throughout the year, all of our middle and high school students will be working on their ICAP (Individual Career and Academic Plan). ICAP is a multi-year process that helps students and families to explore options for postsecondary and workforce readiness. If you would like to talk about future planning with your student and want some tips on where to begin, here are some [career conversation starters](#) from the American School Counselor Association. Poudre School District uses Xello as our platform for college and career exploration. Click [here](#) for more information on Xello and how families can log in to view their student's account.

Thank you for your continued partnership as we support your student, both with their present goals and with building out their future plans.

As always, please feel to reach out to your student's counselor with any questions or concerns.

Counseling Secretary - Britni Hobbs, (970) 472-2725, bhobbs@psdschools.org

Last names A-E - Bill Peisner, (970) 472- 2710, wpeisner@psdschools.org

Last names F-Lam - Mac Woods, (970) 472-2713, mawoods@psdschools.org

Last names Lan-Rie - Katie Delahunt, (970) 472-2711, kdelahunt@psdschools.org

Last names Rif-Z - Emma Coffin, (970) 472-2712, ecoffin@psdschools.org

Counseling Intern - Sabrina Eggerson

Peggy Hunter – Registrar (970) 472-2707, phunter@psdschools.org



Supporting our Schools



Joe Mivshek
Joe.Mivshek@KW.com



kw NORTHERN
COLORADO
KELLERWILLIAMS.

970.420.7163



A Community That Cares

WELLINGTON, A COMMUNITY THAT CARES

Raising funds and awareness for the Community Services Center of Wellington

The Community Services Center (CSC) will address food insecurity and mental health needs for the Wellington region.



At Wellington Middle-High school
December 12 in the evening.
Link to the RSVP and specific time coming soon.

The sale will include a craft fair, the WMHS Thrift Shop, ceramic bowls and other items made from WMHS students.

WMHS students and the CSC team will present on the mission of the CSC, how the community can be involved, and more!



The Women's Clinic of Northern Colorado

Schedule Your Appointment Today!

CLICK IT

Click on the Ads in this Newsletter

...to learn more about these great companies!

We are here for your child's health!
¡Estamos aquí para la salud de su hijo!

Schedule your school or sport physical today!
¡Programa hoy su examen físico para la escuela o deporte!



Salud Family Health (303) 697-2583
(303) MYSALUD

1635 BLUE SPRUCE DR | FORT COLLINS< CO

OUR CARE IS DINO-MITE!
MEDICAL = PEDIATRICS = DENTAL = BEHAVIORAL saludclinic.org

Vision and Hearing

WMHS Vision & Hearing Volunteers Needed 2/10/23

We are seeking caring individuals to help with important hearing and vision screenings. No experience necessary. Training will be provided. Questions? Please contact the health office at your school site or email nurses@psdschools.org.

If interested in Vision & Hearing Screenings, please follow the instructions below:

1. Login to your Volunteer Portal through this link:

<https://apps.raptortech.com/Volunteer/Login/NjA0MzpWb2x1bnRIZXI6ZW4tVVM=>

2. When logged in, click on Events within the Navigation Menu

3. Review the details of the Event you wish to sign up for and click “Sign-Up”.

(Article 5)

WMHS is looking for volunteers!

You must be a registered volunteer in PSD, you can register here at this link: [Volunteers | Poudre School District \(psdschools.org\)](#)

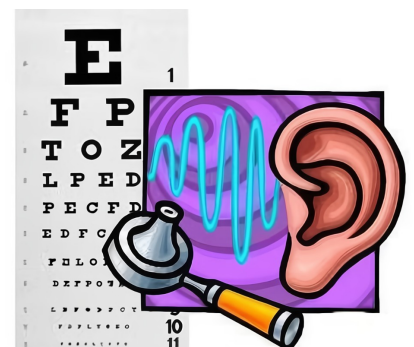
If you are already a registered volunteer please use the Raptor portal through this link to sign up! [Raptor Portal Login \(raptortech.com\)](#)

If you have any questions, please reach out to:

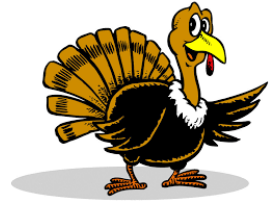
Cassie Clark

Front Office Assistant/Volunteer Coordinator

970-472-2715



Turkey round up



We are participating in the PSD Turkey Round UP!

Please join us again for the WMHS Turkey Roundup! We will be collecting frozen turkeys for our community on **Thursday, November 17th between 8 - 9 am**. All **frozen turkeys** will be donated to the Wellington Food Bank, right here in our community! Our goal is 50 turkeys this Thanksgiving! Please come by our school and drop off a turkey to our **"Turkey Wrangler"** at the south entrance of the school (near the flay pole) during parent drop off! We are also collecting Thanksgiving "fixings" (canned goods) as donations. Thank you for supporting our school and our community!

CMAS

Your students spring 2022 CMASS scores are ready to view.

To access your students results you will need to login to your ParentVue account and select the student. Click on the PSD Document tab on the left side of the screen and then click on CMAS. If you are interested in a hard copy of your students CMASS scores, please contact Britni Hobbs, Counseling Secretary @ 970-472-2725 or bhobbs@psdschools.org.

Reach Parents in Larimer County through our mobile-ready newsletters

Market your business in both Poudre and Thompson school districts.

You gain visibility and targeted, increased awareness; schools gain funds from advertising revenue.

Advertise with The School Newsletter Company
Joe Mivshek 970-420-7163 | SchoolNewsletterCompany@gmail.com



EAGLES SOARING



WELLINGTON EXPLORING!

Wellington students had the opportunity to "Get into the Guts" at Front Range Community College. Through PSD and Front Range Community College, eighth grade students were able to connect with healthcare professionals and educators. Students got to tour FRCC's campus, participate in engaging exhibits and partake in immersive experiences that provided tangible learning regarding healthcare careers.

Thank you to Front Range and other sponsors for hosting such an engaging event for our students.

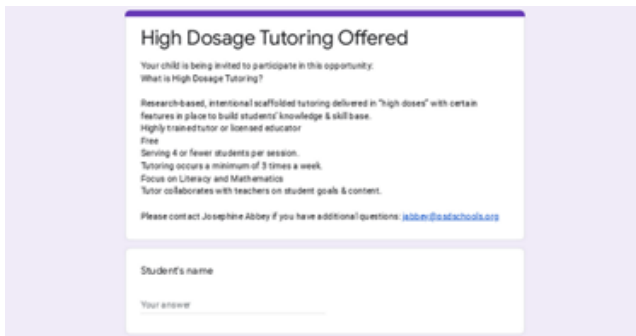


High Dosage Tutoring

Dear Parents and Guardians,

This past year Poudre School District implemented High Dosage Tutoring (HDT). HDT is a tutoring service offered to a small group of students or one on one sessions where teachers/tutors can better customize teaching to the specific content such as math or reading. It is individualized and personalized to your child's needs by using their data. The theory is students will receive this instruction in high doses of a minimum of 30-60 minutes up to three times a week. Tutoring is generally very expensive, but HDT is free of charge to support students' academic growth. Studies show that tutoring in one-on-one settings or small group settings can have a great impact on student growth. Tutors are highly qualified individuals who are hired by the Poudre School District.

Please email me and let me know if you're interested. If you are please fill out this form: https://docs.google.com/forms/d/e/1FAIpQLSdy2Qpi2E2dbSHKu4aAbIPTchhxyrnPjRUlkYopAi-dx4Ep5Q/viewform?usp=sf_link



The image shows a screenshot of a Google Form titled "High Dosage Tutoring Offered". The form text reads: "Your child is being invited to participate in this opportunity: What is High Dosage Tutoring? Research-based, intentional scaffolded tutoring delivered in 'high doses' with certain features in place to build students' knowledge & skill base. Highly trained tutor or licensed educator. Free. Serving 4 or fewer students per session. Tutoring occurs a minimum of 3 times a week. Focus on Literacy and Mathematics. Tutor collaborates with teachers on student goals & content. Please contact Josephine Abbey if you have additional questions: jabbey@psdschools.org". Below the text is a text input field labeled "Student's name" with a placeholder "Your answer".

[High Dosage Tutoring Offered](#)

Your child is being invited to participate in this opportunity: What is High Dosage Tutoring? Research-based, intentional scaffolded tutoring delivered in "high doses" with certain features in place to build students' knowledge & skill base. Highly trained tutor or licensed educator Free Serving 4 or fewer students per session. Tutoring occurs a minimum of 3 times a week. Focus on Literacy and Mathematics Tutor collaborates with teachers on student goals & content. Please contact Josephine Abbey if you have additional questions: jabbey@psdschools.org

Sincerely,

Jo Abbey
MTSS Coordinator

Homelessness Awareness

Join PSD's Efforts to Support Students Experiencing Homelessness.

During the 2021-2022 school year, Poudre School District identified **1,312 students** K-12, or over **4% of our student population**, who experienced some form of homelessness and qualified for McKinney-Vento services.

McKinney-Vento is a federal law and PSD program designed to provide students experiencing homelessness and housing insecurity with resources and protections. The main focus is to remove the educational barriers that those students face, placing an emphasis on immediate enrollment, attendance, and success. McKinney-Vento services are available to all PSD children and youth, from birth to 21 years of age, who lack a fixed, regular, and adequate nighttime residence.

Learn more about McKinney Vento on [PSD's McKinney-Vento webpage](#).



What Can You Do to Help?

- **Raise Awareness** - November is National Homeless Youth Awareness Month, and National Hunger and Homelessness Awareness Week is Nov. 12-20 (<https://hhweek.org/>). Please share this information with your family, friends, neighbors, and colleagues, and take the initiative to learn more about youth homelessness and its challenges.
- **Wear Green** – Green is the official color of Homeless Youth Awareness Month. Please feel free to join us in this show of solidarity.
- **Donate** - PSD's McKinney-Vento program accepts monetary donations which are used to purchase things like gas cards, grocery cards, school supplies, undergarments/socks, clothing, coats, hygiene and household supplies, food, concurrent enrollment supplies, and much more. Our goal is to provide services that remove barriers and create a welcoming and safe school environment so that students can come to school, engage in learning, and succeed.

- **To Make a Donation:**

Make check out to Wellington Middle High School and write McKinney-Vento in the memo line.

OR

Use School Pay to donate- Use *McKinney Vento* fund in School Pay to donate to students

experiencing homelessness. Your donations will stay in the Wellington community to help our local families.

Learn More About McKinney-Vento: Contact Dawn Luze, Wellington schools McKinney-Vento Family Advocate at 970-472-2727, or via email at dluze@psdschools.org.



Formen parte del esfuerzo que está llevando a cabo PSD para apoyar a los estudiantes sin vivienda

Durante el año escolar 2020-2021, el Distrito Escolar Poudre (PSD, por sus siglas en inglés) identificó a **1,312 estudiantes** entre kínder y 12.º grado, es decir más del **4% de nuestra población estudiantil**, que experimentó algún tipo de falta de vivienda y calificó para los servicios de McKinney-Vento.

McKinney-Vento es una ley federal y un programa del PSD diseñado para proporcionar recursos y protección a los estudiantes que carezcan de vivienda, y a los que vivan en condiciones de inseguridad habitacional. El enfoque principal es eliminar las barreras educativas que enfrentan estos estudiantes, haciendo énfasis en la inscripción escolar, la asistencia a clases y el éxito escolar, de inmediato. Los servicios de McKinney-Vento están disponibles para todos los niños y jóvenes del PSD, desde su nacimiento hasta los 21 años, que carezcan de una residencia fija, regular y adecuada en la noche. Pueden encontrar más información en [la página web de McKinney-Vento del PSD](#).

¿Qué pueden hacer para ayudar?

- **Crear conciencia** – Noviembre es el MES NACIONAL DE CONCIENTIZACIÓN ACERCA DE LA JUVENTUD SIN VIVIENDA. Entre el 12 y 20 de noviembre se celebra la SEMANA NACIONAL DE CONCIENTIZACIÓN SOBRE EL HAMBRE Y LAS PERSONAS SIN VIVIENDA (<https://hhweek.org/>). Compartan esta información con sus familias, amigos, vecinos y colegas, y tomen la iniciativa de informarse más con respecto a la carencia de vivienda de la juventud, y los desafíos que enfrentan.
- **Vestirse de verde** – El color oficial del MES DE CONCIENTIZACIÓN ACERCA DE LA JUVENTUD SIN VIVIENDA es el verde. Nuestro personal de McKinney-Vento, junto con las personas de contacto de McKinney-Vento en las escuelas, se vestirán de verde todos los miércoles, durante el mes de noviembre, para ayudar a crear conciencia sobre la problemática de los niños, jóvenes y familias sin vivienda en nuestra comunidad. Los invitamos a participar en esta demostración de solidaridad.
- **Donar** – El programa McKinney-Vento del PSD acepta donaciones monetarias que se utilizan para comprar artículos como tarjetas para gasolina, tarjetas para comestibles, útiles escolares, ropa interior/calcomías, prendas de vestir, abrigos, artículos de higiene, artículos para el hogar, alimentos, material para la Inscripción Simultánea (Concurrent Enrollment) y mucho más. Nuestro objetivo es brindar servicios que eliminen barreras, y creen un ambiente escolar acogedor y seguro, con el propósito de que los estudiantes puedan asistir a la escuela, estén motivados para aprender y tengan éxito.

Cómo hacer donaciones:

Mediante cheques: Escriban un cheque a nombre de Poudre School District, y anoten McKinney-Vento en la línea de notas. O

Por medio de School Pay: Utilicen el *Fondo de Apoyo de Emergencia (Emergency Support fund)*, en School Pay, para hacer donaciones a estudiantes que carezcan de vivienda.

Informarse más sobre McKinney-Vento en el PSD – Comuníquense con Whitney Reid, Especialista del PSD del Programa de Educación para Estudiantes Sin Vivienda, llamando al teléfono 970-490-3242, o enviando un mensaje de correo electrónico a wreid@psdschools.org.





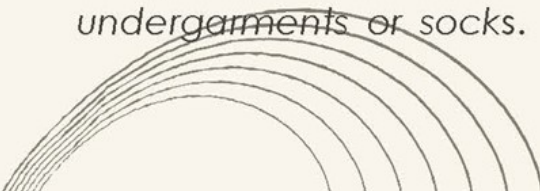
WMHS Thrift Shop

As part of a fundraiser for the Community Service Center being built in Wellington, we are collecting clothes for a WMHS Thrift Shop.

We are taking donations in Advisory from November 14-December 2!

Will take any size/age/kind of clothing, jackets, or shoes except the following:

Clothes with holes, stains, clothing with profanity or non school appropriate language or images. No undergarments or socks.



SNACKS NEEDED!!

Please bring to
counseling if you are
able to donate snack
for students.

*BACK TO SCHOOL
SAFETY TIPS*

**SEE OR HEAR
SOMETHING
CONCERNING:
REPORT IT**

TELL A TRUSTED ADULT OR
ANONYMOUSLY REPORT
SAFETY CONCERNS TO
SAFE2TELL

**safe²tell
Colorado**



The flyer features a red background with white and yellow text. On the right side, there is a photograph of a hand holding a smartphone. The phone screen displays the 'Safe2Tell Colorado' app interface, which includes a large red number '2' in a white speech bubble, the text 'Safe2Tell Colorado', and several menu options: 'Submit a Tip', 'Verify / Update Existing Tip', 'Call Number', 'Resources', and 'Logout'.